



HORTICULTURAL THERAPY TRAINING - VANCOUVER ISLAND PROFESSIONAL DEVELOPMENT PROGRAM 2009-2010 with Ann Kent HTM, Registered Horticultural Therapist

Explore the growing field of horticultural therapy (HT) in an exciting inter-disciplinary program. Short course modules will appeal to healthcare professionals, horticulturists, teachers, landscape designers, and others wishing to learn more about creating therapeutic opportunities that connect people and plants; or to those considering a career in horticultural therapy and therapeutic horticulture (TH).

Each two day course provides 16 hours of lively classroom study including lectures, small group work, and hands-on activities. Students may elect to add an on-line study project.

These modules are part of the Horticultural Therapy Certificate program offered by Ann Kent HTM. Completion of this HT Certificate is recognized by the Canadian Horticultural Therapy Association for 2.0 points toward professional registration.

Each course stands alone. Material in Part One is not reviewed or repeated in Part Two.

On Vancouver Island, the instructional team is led by registered horticultural therapist, Ann Kent HTM, assisted by Sharon Jolin RN and Kelly Legault HTR. This new program commences in October, 2009, and will be based in Nanaimo, at Malaspina Gardens, a residential care facility with an active horticultural therapy program.

All instruction plus textbook, reference binder, planning templates, and workshop supplies are included in the fee of \$220.00 for each two day course. GST is \$11.00.

Horticultural Therapy - Programming for All Seasons - Part One

Friday, October 16, and Saturday, October 17, 8:30 a.m. to 5:00 p.m.

This course provides an overview of horticultural therapy (HT), introduction to the therapeutic use of gardens, and discussion of the roles and responsibilities of the HT program and activity leader. Hands-on sessions use horticulture and flower arranging activities to practice therapeutic techniques and illustrate how plants may be used to explore culture and heritage.

Horticultural Therapy - Programming for All Seasons - Part Two

Friday, November 13, and Saturday, November 14, 8:30 a.m. to 5:00 p.m.

Topics include assessing needs for various communities, determining goals and objectives, safe handling of plant material, and developing programs for frail elders and those diagnosed with dementia. Hands-on sessions focus on nature-based activities, botanical crafts, plant material suitable for the fall and winter months, and adaptation of activities for various populations.

Please dress comfortably and in layers. Bring a bag lunch, apron, trowel, gloves, clippers or floral snips, and a big bin in which to take home your projects. Coffee and tea are provided.

For more information about therapeutic horticulture and horticultural therapy please visit Ann's website at www.catkingardens.ca

Ann welcomes Inquiries about these courses at ann@catkingardens.ca or 604-266-2869.

To register, please complete and return the attached registration form (page two).



HORTICULTURAL THERAPY TRAINING - VANCOUVER ISLAND PROFESSIONAL DEVELOPMENT PROGRAM 2009-2010

Name: _____

Home address: _____

_____ Postal Code _____

Home phone: _____ Work phone or cell: _____

Email address: _____

Emergency contact name: _____ Phone: _____

The cost for each module in the HT Professional Development Program - Vancouver Island, commencing October 2009, is \$220.00 plus \$11.00 GST for a total of \$231.00.

All classroom instruction, textbooks, and workshop supplies are included in the fee.

Seats are limited to 12 in each course and will be assigned in order of receipt of registration form and payment. Early registration is recommended.

Each course module stands alone. Material in Part One is not reviewed or repeated in Part Two.

Fees are payable by cheque or money order to Ann Kent, Registrar for the program on Vancouver Island is Sharon Jolin, see address below.

If registering prior to September, 2009, you may enclose post-dated cheques with your registration form as long these are dated at least 30 days in advance of the course start dates.

Cancellations up to 4 weeks before a course start date receive a full refund less a \$20.00 processing fee. If a course is cancelled, you will be refunded in full.

Ann Kent - Catkin Gardens' GST Number is 879 824 829.

Please register me for the following course (s) in the HT Professional Development Program - Vancouver Island

Horticultural Therapy – Programming for All Seasons: Part One

Friday, October 16, and Saturday, Oct. 17, 8:30 a.m. to 5:00 p.m.

Course fee: \$220.00 _____

Horticultural Therapy – Programming for All Seasons - Part Two

Friday, November 13, and Saturday, Nov. 14, 8:30 a.m. to 5:00 p.m.

Course fee: \$220.00 _____

Please add GST, \$11.00 for each course _____

Total Payment Enclosed _____

Please make cheque or money order payable to Ann Kent and return payment with registration form to Sharon Jolin, Registrar, Malaspina Gardens, 388 Machleary St., Nanaimo, B.C. V9R 2G9

If you have inquiries, please contact Ann at ann@catkinggardens.ca or 604-266-2869.