



HORTICULTURAL THERAPY CERTIFICATE - VANCOUVER & NANAIMO BC HT PROFESSIONAL DEVELOPMENT PROGRAM with Ann Kent HTM, 2012

Explore the growing field of horticultural therapy (HT) in an engaging and challenging inter-disciplinary program. Courses will appeal to healthcare professionals, educators and interpreters, horticulturists, landscape designers and others wishing to learn more about connecting people and plants; and to those considering career opportunities in horticultural therapy and therapeutic horticulture (TH).

Now in its sixth year, the HT professional development program offers a qualified team of instructors led by registered horticultural therapist, Ann Kent HTM; classroom settings at facilities and gardens in Vancouver and Nanaimo, BC; and collaborations with healthcare providers and community agencies.

The four courses can be taken in any order, in either Vancouver or Nanaimo. The HT Certificate provides up to 200 hours of study: 130 classroom hours plus field trips, tutorials, and written assignments.

Courses are recognized by the Canadian Horticultural Therapy Association toward professional registration as a horticultural therapist and by several related professional associations for continuing education credits.

The fee for each course is \$490.00. The fee includes instruction, reference binder, and all plant materials and activity supplies. Courses are limited to twelve participants, unless noted below. For more detailed course information or to register, please contact ann@catkinggardens.ca

I. Horticultural Therapy – Programming for All Seasons - Vancouver, Spring 2012

Explore HT programs and their year-round potential utilizing indoor and outdoor gardening, nature activities, floristry, and botanical crafts. This popular, keystone course addresses skill sets required by the TH or HT activity leader and program adaptations for various populations. An overview of TH and HT programs in Canada and scope of practice for TH and HT is provided.

Part One - Fri. March 16 and Sat. March 17

Part Two - Fri. March 30 and Sat. March 31

HT - Programming is often taken as a stand alone course by those who work in community centres, complex care facilities, adult day care centres, schools, and community gardens. It provides an excellent overview of the skill sets and resources required to deliver plant and nature-based programs.

II. Horticultural Therapy Techniques – Session Planning & Evaluation - Vancouver, Spring 2012

The use of horticulture and related activities in the context of small group and one-to-one therapy sessions for several populations is studied and practiced. The importance of determining specific objectives and measurable outcomes for program participants and using assessment and evaluation tools is emphasized. Many useful templates are provided in the course binder.

Part One - Fri. April 27 and Sat. April 28

Part Two - Fri. May 11 and Sat. May 12

III. Creating Therapeutic Gardens and Funding Programs for HT - Nanaimo, Spring 2012

Horticulture and design projects focus on attributes of enabling and sensory garden spaces and safe practices for such gardens. Plant choices suitable for therapeutic gardens and habitat gardens are explored through guided walks and hands-on HT activity projects. Students visit several sites and consider the potential of grade level, terrace, and raised bed gardens. A unit on project planning and preparation of funding proposals is included. *Four consecutive days:*

Wed. April 11 through Sat. April 14

IV. The Practice of Horticultural Therapy - Vancouver, Spring 2012

Studies special populations and elements of HT practice such as the horticultural therapist's role in a healthcare or educational team, professional ethics, cultural contexts, TH and HT program evaluation, differences between self-employment and salaried work. *Prior completion of HT - Programming or HT Techniques is required. Maximum 8 students. Four consecutive days:*

Wed. May 30 through Sat. June 2

Instructional day is typically 8:45 am to 5:15 pm. For those wishing to spread their studies over a longer period the course cycle repeats in the fall of 2012. For more on the HT Professional Development Program, including HT internship opportunities, please visit Ann's website at www.catkinggardens.ca